

# BELLAIRE L.I.F.E.

Living ♦ Information ♦ Fun ♦ Enrichment

April – May - June 2018

Life  
Begins  
At  
50



For additional information, please contact us at:

**New Location**  
Bellaire United  
Methodist Church  
4417 Bellaire Blvd.  
Bellaire, TX 77401  
713-662-8290  
www.bellairetx.gov

## CALENDAR OF ACTIVITIES

April 4	1:00 pm	Chair Volleyball Practice
April 5	1:00 pm	Bingo
April 6	8:00 am	L.I.F.E. Striders
April 10	1:00 pm	Bunco
April 11	1:00 pm	Crafts Day
April 12	1:00 pm	"Stronger" Movie
April 13	8:00 am	L.I.F.E. Striders
April 18	1:00 pm	Chair Volleyball Practice
April 19	8:45 am	Trip to Governor's Mansion in Austin
April 20	8:00 am	L.I.F.E. Striders
April 23	11:00 am	Let's Do Lunch
April 24	10:00 am	Trip to Lone Star Flight Museum
April 26	12:00 noon	Board Meeting
April 27	8:00 am	L.I.F.E. Striders
May 2	1:00 pm	Chair Volleyball Practice
May 3	1:00 pm	Bingo
May 4	8:00 am	L.I.F.E. Striders
<b>May 7-11</b>		<b>OLDER AMERICANS WEEK ACTIVITIES</b>
May 7	1:00 pm	Bone Density Screening
May 7	6:30 pm	City Council Meeting and Proclamation
May 8	1:00 pm	Bunco
May 9	1:00 pm	Crafts Day
May 10	9:00 am	Trip to Project Row Houses in Houston
May 11	8:00 am	L.I.F.E. Striders
May 11	10:00 am	Words with Waffles
May 15	1:00 pm	"Just Getting Started" Movie
May 16	1:00 pm	Chair Volleyball Practice
May 17	9:15 am	Trip to Lucky Land in Houston
May 18	8:00 am	L.I.F.E. Striders
May 21	11:00 am	Let's Do Lunch
May 24	12:00 noon	Board Meeting
May 25	8:00 am	L.I.F.E. Striders
<b>May 28</b>		<b>Memorial Day Offices Closed</b>
June 1	8:00 am	L.I.F.E. Striders
June 6	1:00 pm	Chair Volleyball Practice
June 7	1:00 pm	Bingo
June 8	8:00 am	L.I.F.E. Striders
June 12	11:00 am	Chair Volleyball Tournament at West U
June 12	1:00 pm	Bunco
June 13	1:00 pm	Crafts Day
June 14	9:00 am	Trip to Fort Bend Museum
June 15	8:00 am	L.I.F.E. Striders
June 18	11:00 am	Let's Do Lunch
June 19	1:00 pm	"The Greatest Showman" Movie
June 20	1:00 pm	Chair Volleyball Practice
June 21	9:00 am	Trip to Sugar Land Heritage & 1940 Air Terminal
June 28	12:00 noon	Board Meeting
June 29	8:00 am	L.I.F.E. Striders

## L.I.F.E. Advisory Board

**Chair:** Trish Parrack

**Vice Chair:** Kevin Newman

**Secretary:** Carmen Ulabarro

**Member:** Roberta Murray

**Member:** Pat Westwood

**Member:** Connie Eicher

**Member:** Pat Tracey

# Trips

You may register and pay for our trips in person or by mail. PAYMENT FOR TRIPS IS DUE UPON REGISTRATION, if you are paying by check, please make checks payable to the City of Bellaire. We cannot hold seats for trips without payment. We cannot book anyone the day of a trip.

**A walking scale is included at the end of each trip description to help you determine if you can join us on each trip. Please take into consideration the number of times we get on and off the bus.**



Light (< ½mile)



Moderate (½ -1mile)



Heavy (>1mile)

**Trips pick up and drop off location will be at Bellaire United Methodist Church.  
4417 Bellaire Blvd, Bellaire, TX 77401**

## Thursday, April 19, Austin – Governor’s Mansion

Join us as we take a docent lead tour of the Governor’s Mansion in Austin. Governor’s Mansion is home to Governor Greg Abbott and his family. When signing up for the trip, you will be asked to provide a driver license or identification card; all visitors must pass a background security screening.

**Trip Cost \$5.00**

**Lunch on your own at TBA**

**Bus Departs At 8:45 am**

**Bus Returning Around 6:45 pm**

**REGISTRATION & PAYMENT DUE BY April 2**



\* Activity level – You will be getting on/off the bus a minimum of 6 times.

## Tuesday, April 24, Lone Star Flight Museum

Third time is a charm ... HOPEFULLY! Join us as we take a docent lead tour of the new Lone Star Flight Museum at Ellington Field. The tour will be led by a docent with aviation experience, who will bring unique stories of adventure in flight. The tour highlights key artifacts in a selected exhibition in their permanent and temporary collections.

**Trip Cost \$15.00**

**Lunch on your own at Las Haciendas Mexican Restaurant**

**Bus Departs At 10:00 am**

**Bus Returning Around 3:30 pm**

**REGISTRATION & PAYMENT DUE BY April 13**



\* Activity level – You will be getting on/off the bus a minimum of 3 times.

## Thursday, May 10, Project Row Houses, Houston

We will take a driving tour of the Project Row Houses that occupy a significant footprint in Houston’s Historic Third Ward, one of the city’s oldest African-American neighborhoods. The site serves as home base to a variety of community enriching initiatives, art programs, and neighborhood development activities. We will have the opportunity to get off the bus and visit small business incubations and the art houses.

**Trip Cost \$5.00**

**Lunch on your own at TBA**

**Bus Departs At 9:00 am**

**Bus Returning Around 2:30 pm**

**REGISTRATION & PAYMENT DUE BY April 27**



\* Activity level – You will be getting on/off the bus a minimum of 4 times.

## Thursday, May 17, Lucky Land, Houston

Lucky Land is a beautiful and serene environment dedicated to showcasing the deep Asian culture and history. From century old artifacts such as the Terracotta Army to more whimsical displays such as the Panda displays. While at Lucky Land we will enjoy a lunch buffet which is included in the price!

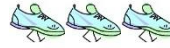
**Trip Cost \$16.00**

**All You Can Eat Lunch at Lucky Land is Included!**

**Bus Departs At 9:15 am**

**Bus Returning Around 2:30 pm**

**REGISTRATION & PAYMENT DUE BY May 4**



\* Activity level – **WALKING** - You will be getting on/off the bus a minimum of 3 times.

## Thursday, June 14, Fort Bend Museum

Join us for a guided tour of the 1855 Long-Smith Cottage, of the 1883 Historic John and Lottie Moore Home and Exhibit Gallery. We will also tour Richmond’s Historic District which includes: a guided walking tour of historic Morton Street, tour of Morton Cemetery and a tour of the 1896 Jail.

**Trip Cost \$15.00**

**Lunch is on your own TBA**

**Bus Departs At 9:00 am**

**Bus Returning Around 4:00 pm**

**REGISTRATION & PAYMENT DUE BY June 1**



\* Activity level – **WALKING** - You will be getting on/off the bus a minimum of 6 times.

## Thursday, June 21, Sugar Land Heritage Museum and 1940 Air Terminal Museum

We will start at the brand new Sugar Land Heritage Foundation Museum, which is focused on the view of Sugar Land history and its heritage, but also includes broader topics on Fort Bend County, Texas and U.S. history, especially as they relate to Sugar Land. After lunch, we will go to the 1940 Air Terminal Museum, where Houston’s aviation history comes alive!

**Trip Cost \$17.00**

**Lunch is on your own at TBA**

**Bus Departs At 9:00 am**

**Bus Returning Around 4:30 pm**

**REGISTRATION & PAYMENT DUE BY June 8**



\* Activity level – **WALKING** - You will be getting on/off the bus a minimum of 6 times.

# Activities

Preregistration is necessary if you wish to attend our activities. Please call or stop by the office to register by the posted deadlines. Requests for accommodations or interpretive services must be made 48 hours prior to the activity. Please contact the office if you need accommodations at 713-662-8290.

**Activities pick up and drop off location will be at Bellaire United Methodist Church.  
4417 Bellaire Blvd, Bellaire, TX 77401**

## BINGO

Come join us in playing BINGO in the Senior Activity Room.

**Cost - \$3.00 each**

**Thursday, April 5, 1:00 pm**

**Thursday, May 3, 1:00 pm**

**Thursday, June 7, 1:00 pm**

**Sponsored by Treemont Retirement Community**



## Bunco

Come join us in playing Bunco in the Senior Activity Room.

**Cost - \$3.00 each**

**Tuesday, April 10, 1:00 pm**

**Tuesday, May 8, 1:00 pm**

**Tuesday, June 12, 1:00 pm**

**Sponsored by Treemont Retirement Community**



## Craft Day

Join us every month as we do a different craft! Check in with the office to find out the craft of the month, *please make sure you RSVP by the date.*

**Cost - FREE!**

**Wednesday, April 11, 1:00pm** - RSVP by April 6

**Wednesday, May 9, 1:00 pm** - RSVP by May 4

**Wednesday, June 13, 1:00 pm** - RSVP by June 8

## Chair Volleyball

Come join us in playing a friendly game of Chair Volleyball.

**Cost - FREE!**

**Wednesday, April 4 & 18, 1:00 pm**

**Wednesday, May 2 & 16, 1:00 pm**

**Wednesday, June 6, 1:00 pm**

**Tuesday, June 12, 11:00 am - at West University**



## Let's Do Lunch!

Meet the L.I.F.E. department for lunch around town! [Lunch is on your own](#), but a special treat or discount will be offered!

**Monday, April 23, 11:00am** - Lemongrass Cafe

**Lemongrass Cafe** - 5109 Bellaire Blvd, Bellaire, TX 77401, call the LIFE office to RSVP by April 20 to apart of the group.

**Monday, May 21, 11:00am** - Charlie's Bar-B-Que

**Charlie's Bar-B-Que** - 5305 Bissonnet St D, Bellaire, TX 77401, call the LIFE office to *RSVP by May 18* to receive a free dessert with your entree!

**Monday, June 18, 11:00am** - P King Chinese Food

**P King Chinese Food** - 5313 Bellaire Blvd, Bellaire, 77401, call the LIFE office to *RSVP by June 15* to apart of the group.

## \*\*\*NEW PROGRAM ALERT\*\*\*

### L.I.F.E. Striders

Join us **every Friday at 8:00 am** starting in April at Evelyn's Park Conservancy for a stride around the park. This is a great opportunity to stay active and socialize with other LIFE members. After your walk Evelyn's Park Conservancy will provide coffee and water for everyone to enjoy. This program is **FREE**, so put on your walking shoes and meet us at the park! **Location:** 4400 Bellaire Blvd, Bellaire, TX 77401



## "Stronger" Movie

**Thursday, April 12, 1:00 pm**

Stronger is the inspiring real life story of Jeff Bauman, an ordinary man who captured the hearts of his city and the world to become a symbol of hope after surviving the 2013 Boston Marathon bombing. Starring Jake Gyllenhaal, Tatiana Maslany, and Miranda Richardson. 119 min. *Rated R.*

**Cost - FREE**

**RSVP By April 11**



## Bone Density Screening

**Monday, May 7, 1:00 pm**

UT Physicians will offer a **FREE** bone density screening; this is a chance to learn if you have weak bones or osteoporosis before you break a bone!

**Cost - FREE!**

**RSVP by May 1**

## Council Meeting

**Monday, May 7, 6:30 pm**

We invite you to attend the City Council meeting to show your support of "Older Americans Week." The City Council will declare May as Older Americans Month with a proclamation.

## Words with Waffles

**Friday, May 11, 10:00 am**

Come enjoy some delicious waffles while playing games such as Scrabble, Banagram and Boggle. This is a **FREE** event for all LIFE members, if you are a currently a Bellaire LIFE member and you bring a friend who has not participated in any L.I.F.E. activities you will receive a gift certificate for a **FREE BINGO** game!

**Cost - FREE**

**RSVP By May 8**



## "Just Getting Started" Movie

**Tuesday, May 15, 1:00 pm**

Just Getting Started is about an ex-F.B.I. Agent and an ex-mob lawyer in the Witness Protection Program having to put aside their petty rivalry on the golf course to fend off a mob hit. Starring Glenna Headly, Morgan Freeman, and Rene Russo. 91 min. *Rated PG-13.*

**Cost: FREE**

**RSVP by May 14**



## "The Greatest Showman" Movie

**Tuesday, June 19, 1:00 pm**

The Greatest Showman celebrates the birth of show business, and tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation. Starring Hugh Jackman, Michelle Williams, Zac Efron, and Zendaya. 105 min. *Rated PG.*

**Cost - FREE**

**RSVP By June 18**

## Men's/Women's Club Program

The Men's/Women's Club is currently on hiatus, if you would like an update on the status of the club, please contact the LIFE front desk at 713-662-8290.

City of Bellaire  
L.I.F.E. Program  
Parks and Recreation Dept.  
7008 S. Rice Ave.  
Bellaire, TX 77401

Standard  
U.S. Postage  
Paid  
Permit No. 18  
Bellaire, TX

## Daily/Weekly Schedule of Activities

<b>MONDAYS</b>	12:00 – 4:00 PM	Duplicate Bridge
<b>TUESDAY/THURSDAYS</b>		Board Meetings/Trips/Special Events
<b>WEDNESDAYS</b>	1:30 – 4:00 PM	Crafts and Conversation
<b>FRIDAYS</b>	12:00 – 4:00 PM	Bridge

### **New Location:**

**Bellaire United Methodist Church**  
**4417 Bellaire Blvd.**  
**Bellaire, TX 77401**  
**713-662-8290**

Call Bellaire L.I.F.E. at **713-662-8290** for additional information about our activities and trips. Remember, you may sign up and pay for trips and activities in person or by mail. Programs, activities, presentation and meetings are held at:

**Bellaire United Methodist Church**  
**4417 Bellaire Blvd.**  
**Bellaire, TX 77401**