

IN THIS ISSUE

April
May
June
2019

Bellaire

L.I.F.E.

Living Information Fun Enrichment

CALENDAR OF ACTIVITIES

April 2	1:00 pm	April Showers Ice Cream Social
April 3	1:00 pm	Chair Volleyball
April 4	1:00 pm	Bingo
April 5	9:30 am	LIFE Striders
April 9	1:00 pm	Bunco
April 10	1:00 pm	Crafts Day
April 12	9:30 am	LIFE Striders
April 16	1:00 pm	"A Star is Born" Movie
April 17	1:00 pm	Chair Volleyball
April 18	8:30 am	Trip to Texas Ranger Law Enforcement Tour
April 19	9:30 am	LIFE Striders
April 22	1:00 pm	Grow A Memory, Plant A Seed
April 23	10:30 am	Trip to TGR Exotic Wildlife Park
April 25	12:00 noon	Board Meeting
April 26	9:30 am	LIFE Striders
April 29	11:00 am	Let's Do Lunch

May 1	1:00 pm	Chair Volleyball
May 2	1:00 pm	Bingo
May 3	9:30 am	LIFE Striders
May 6—10		OLDER AMERICANS WEEK ACTIVITIES
May 6	10:45 am	Trip to Minute Maid Park Tour
May 6	6:30 pm	City Council Meeting and Proclamation
May 7	10:00 am	Older Americans Event at JCC
May 8	1:00 pm	Craft Day
May 9	1:00 pm	"Mary Poppins Returns" Movie
May 10	10:00 am	Words with Waffles
May 14	1:00 pm	Bunco
May 15	1:00 pm	Chair Volleyball
May 16	9:15 am	Trip to George H.W. Bush Presidential Library
May 17	9:30 am	LIFE Striders
May 21	1:00 pm	Active Attacker Presentation
May 23	12:00 noon	Board Meeting
May 24	9:30 am	LIFE Striders
May 27		City Offices Closed
May 29	11:00 am	Let's Do Lunch

June 4	1:00 pm	Around the World social
June 5	1:00 pm	Chair Volleyball
June 6	1:00 pm	Bingo
June 11	1:00 pm	Bunco
June 12	1:00 pm	Crafts Day
June 13	9:15 am	Trip to Huntsville Home Tour
June 18	1:00 pm	"A Dogs Way Home" Movie
June 19	1:00 pm	Chair Volleyball
June 20	9:30 am	Trip to Moody Gardens Aquarium
June 24	11:00 am	Let's Do Lunch
June 27	12:00 noon	Board Meeting

L.I.F.E.

Begins

At

50

For additional
Information, please
contact us at:

Bellaire United
Methodist Church
4417 Bellaire Blvd.,
Bellaire, TX 77401
713-662-8290

BLIFE@bellairetx.gov
www.bellairetx.gov

TRIPS

You may register and pay for our trips in person or by mail. PAYMENT FOR TRIPS IS DUE UPON REGISTRATION, if you are paying by check, please make checks payable to the City of Bellaire. We cannot hold seats for trips without payment. We cannot book anyone the day of a trip. **A walking scale is included at the end of each trip description to help you determine if you can join us on each trip. Please take into consideration the number of times we get on/off the bus.**



Light (< ½mile)



Moderate (½ -1mile)



Heavy (>1mile)

Thursday, April 18, Texas Ranger Law Enforcement Tour

The City of Navasota and Anderson have had six historic Texas Rangers who have lived and died there. The tour will tell the history of the Texas Rangers and also include going to the Oakland Cemetery, Horlock House, Best Museum and Grimes County Law Enforcement Center. **Lunch is included in the price of this trip!**

Trip Cost \$22.00

Lunch is INCLUDED!

Bus Departs At 8:30 am

Bus Returning Around 4:30 pm

REGISTRATION & PAYMENT DUE BY April 5



*Activity level – You will be getting on/off the bus a minimum of 6 times.

Thursday, May 16, George H.W. Bush Presidential Library and Museum

The George Bush Presidential Library and Museum is the presidential library and burial site of George H. W. Bush, the 41st President of the United States, and his wife Barbara Bush. You will have the opportunity to visit their gravesite, along with seeing the museum.

Trip Cost \$8.00

Lunch is on your own at TBA

Bus Departs At 9:15 am

Bus Returning Around 5:00 pm

REGISTRATION & PAYMENT DUE BY May 3



* Activity level – You will be getting on/off the bus a minimum of 4 times.

Tuesday, April 23, TGR Exotic Wildlife Park

TGR Wildlife Park in Spring will get you up close and personal with some of the planets most exotic, fascinating, and endangered animals. With more than 100 animals representing over 25 species, there is something there to engage and inspire all! It is a chance to see, touch and learn about some incredible animals.

Trip Cost \$18.00

Lunch on your own at TBA

Bus Departs At 10:30 am

Bus Returning Around 4:30 pm

REGISTRATION & PAYMENT DUE BY April 12



* Activity level – You will be getting on/off the bus a minimum of 4 times.

Thursday, June 13, Huntsville Home Tour

On this Historic Home Tour of Huntsville, we will start the tour at the Sam Houston Statue and Visitors Center, to see the tallest statue of an American Hero in the world! A tour guide will then join us on the bus and take us to three different homes, including the Gibbs-Powell House, Joshua Houston Jr. Home and the Wynne Home Arts Center. After the tour, we will have lunch before coming back to Bellaire.

Trip Cost \$10.00

Lunch is on your own at TBA

Bus Departs At 9:15 am

Bus Returning Around 5:30 pm

REGISTRATION & PAYMENT DUE BY May 31



* Activity level – You will be getting on/off the bus a minimum of 8 times.

Monday, May 6, Minute Maid Park Tour

You cheer for the Astros on TV, but here is your chance to get a private tour of the Minute Maid Park, where they play. The tour will start at the historic Union Station and then show you the Upper Deck, Astros Suite, Writing Press, Club Level, Diamond Club and the Dugout. This does not include a ticket to the game and this is a walking tour.

Trip Cost \$15.00

Lunch on your own at TBA

Bus Departs At 10:45 am

Bus Returning Around 4:00 pm

REGISTRATION & PAYMENT DUE BY April 19



* Activity level – **WALKING**—You will be getting on/off the bus a minimum

Thursday, June 20, Moody Gardens—Aquarium

Join us as we go to Moody Gardens in Galveston and visit the Aquarium Pyramid. Dive into the oceans of the world in a 1.5-million-gallon aquarium teeming with creatures from tuxedo-clad penguins to seals, stingrays, sharks and more!

Trip Cost \$15.00

Lunch is on your own at TBA

Bus Departs At 9:30 am

Bus Returning Around 4:30 pm

REGISTRATION & PAYMENT DUE BY March 8



* Activity level – You will be getting on/off the bus a minimum of 4 times.

ACTIVITES

Please call or stop by the office if you wish to register for activities by the posted deadlines. Requests for accommodations or interpretive services must be made 48 hours prior to the activity. Please contact the office if you need accommodations at 713-662-8290.

BINGO

Come join us in playing BINGO in the Senior Activity Room.

Cost - \$3.00 each

Thursday, April 4, 1:00 pm

Thursday, May 2, 1:00 pm

Thursday, June 6, 1:00 pm

Sponsored by Treemont Retirement Community

Bunco

Come join us in playing Bunco in the Senior Activity Room.

Cost - \$3.00 each

Tuesday, April 9, 1:00 pm

Tuesday, May 14, 1:00 pm

Tuesday, June 11, 1:00 pm

Sponsored by Treemont Retirement Community

Craft Day

Join us every month as we do a different craft! Check in with the office to find out the craft of the month, *please make sure you RSVP!*

Cost – FREE!

Wednesday, April 10, 1:00pm - RSVP by April 8

Wednesday, May 8, 1:00 pm - RSVP by May 6

Wednesday, June 12, 1:00 pm - RSVP by June 10

Chair Volleyball

Come join us in playing a friendly game of Chair Volleyball.

Cost – FREE!

Wednesday, April 3, 1:00 pm

Wednesday, April 17, 1:00 pm

Wednesday, May 1, 1:00 pm

Wednesday, May 15, 1:00 pm

Wednesday, June 5, 1:00 pm

Wednesday, June 19, 1:00 pm

Let's Do Lunch!

Meet the L.I.F.E. department for lunch around town! Lunch is on your own, but please make sure you RSVP so we have a proper count at the restaurant.

Monday, April 29, 11:00am – Carmelita's Mexican Restaurant

Carmelita's Mexican Restaurant, 5423 Bellaire Blvd, Bellaire, 77401, call the LIFE office to RSVP by April 26 to be a part of the group.

Wednesday, May 29, 11:00am – Blood Bros BBQ

Blood Bros BBQ - 5425 Bellaire Blvd, Bellaire, 77401, call the LIFE office to RSVP by May 24 to be a part of the group.

Monday, June 24, 11:00am – Bernie's Burger Bus

Bernie's Burger Bus– 5407 Bellaire Blvd , Bellaire, 77401 , call the LIFE office to RSVP by June 21 to be a part of the group.

LIFE Striders

Join us **every Friday in April and May at 9:30am at Evelyn's Park** for a stride around the park. This program is FREE, so grab your walking shoes and meet us at the park!

Cost – FREE!

Location: Evelyn's Park, 4400 Bellaire Blvd, Bellaire, TX 77401

Friday, April 5, 12, 19, 26 at 9:30am

Friday, May 3, 17, 24, 31 at 9:30 am

April Showers Ice Cream Social

Tuesday, April 2, 1:00 pm

April showers bring May flowers, so come brighten up your day with some ice cream! We will have Blue Bell Ice Cream and plenty of toppings for you to choose!

Cost – FREE! RSVP by March 29

"A Star is Born" Movie

Tuesday, April 16, 1:00 pm

A raw and passionate tale of Jack and Ally, two artistic souls coming together, on stage and in life. Theirs is a complex journey through the beauty and the heartbreak of a relationship struggling to survive. Starring Bradley Cooper and Lady Gaga, 136 min. **Rated R.**

Cost - FREE! RSVP By April 15

"Grow a Memory, Plant a Seed"

Monday, April 22, 1:00 pm

In honor of Earth Day, join us as we plant seeds and create memories while do it. Registration is required because each participant will take home their own pot with the planted seed.

Cost: FREE! RSVP by April 17

Council Meeting

Monday, May 6, 6:30 pm

We invite you to attend the City Council meeting to show your support of "Older Americans Week." The City Council will declare May as Older Americans Month with a proclamation.

Older Americans Month Celebration

Tuesday, May 7, 10:00 am—1:00 pm

Join City of Bellaire LIFE Department, City of West University Senior Center, Evelyn Rubenstein Jewish Community Center and the YMCA Weekley for a special event celebrating older adults in our community! This will take place at the Evelyn Rubenstein Jewish Community Center, 5601 S. Braeswood Blvd, Houston, TX 77096.

Cost - FREE! Please RSVP to the LIFE Office by April 26

"Mary Poppins Returns" Movie

Thursday, May 9, 1:00 pm

Decades after her original visit, the magical nanny returns to help the Banks siblings and Michael's children through a difficult time in their lives. Starring Emily Blunt, Lin-Manuel Miranda, Ben Whishaw. 130 min. **Rated PG.**

Cost - FREE! RSVP by May 8

Words with Waffles

Friday, May 10, 10:00 am

Come enjoy some delicious waffles and plenty of toppings and come let the H-E-B and City of Bellaire employees serve you breakfast!

Cost—FREE! RSVP by May 7

Active Attacker Presentation

Tuesday, May 21, 1:00 pm

If you are the victim of an Active Attacker, will you know what to do? This hour and half presentation by the Bellaire Police Department will help you prepare if you are a situation with an active attacker.

Cost - FREE! RSVP by May 20

"A Dog's Way Home" Movie

Tuesday, June 18, 1:00 pm

Separated from her owner, a dog sets off on an 400-mile journey to get back to the safety and security of the place she calls home. Along the way, she meets a series of new friends and manages to bring a little bit of comfort and joy to their lives. Starring Ashley Judd, Edward James Olmos and Alexandra Shipp. 97 min. **Rated PG.**

Cost - FREE! RSVP by June 14

Around the World Social

Tuesday, June 4, 1:00 pm

Where have you been? This is your chance to tell a short story to your fellow LIFE friends about an amazing place you have been. It can be anywhere in the world, but we want to hear your story and how you experienced it, pictures are encouraged but not required!

Cost - FREE! If you would like to share your story, please contact the office by May 31.

City of Bellaire
L.I.F.E. Program
Parks, Recreation &
Facilities Department
7008 S. Rice Ave.
Bellaire, TX 77401

Standard
U.S. Postage
Paid
Permit No. 18
Bellaire, TX

Weekly Schedule of Activities

Mondays	12:00-4:00 PM	Duplicate Bridge
Wednesday	1:30-3:30 PM	Coffee and Conversation
Fridays	12:00-4:00 PM	Bridge

If you are interested in joining any of the above activities, please contact the L.I.F.E. office for more information.

L.I.F.E. Begins at 50 ...

Call Bellaire L.I.F.E. at 713-662-8290 for additional information about our activities and trips. Remember, you may sign up and pay for trips and activities in person or by mail. All programs, activities, presentations and meetings are held at:

Bellaire United Methodist Church
4417 Bellaire Blvd,
Bellaire, TX 77401
713-662-8290